

## Transforming Digital Health into Smart Care with new Vivago MOVE™ solution

### **Vivago MOVE™ – Unique solution for preventive care**

Vivago, a Finnish forerunner in personal healthcare technology, is taking remarkable step by launching the revolutionary Vivago MOVE™ solution to global markets. Vivago MOVE™ is introduced to the market at Digital Health Nordic event taking place at 13<sup>th</sup> -14<sup>th</sup> February 2018 at Helsinki, Finland. Vivago MOVE™ solution is developed in co-operation with German business partner Vitatel GmbH addressing wellbeing solutions for the elderly.

"Vivago MOVE™ solution monitors sleep and health with the watch and provides real-time health status information for medical professionals to follow-up rehabilitation and to support treatment path of chronic illnesses and people with health issues. Health insurance companies and healthcare providers can use this unique medical device solution to follow-up rehabilitation, health status and effectiveness of medication for better results of outcome driven patient centric predictive care. We are very excited about the launch and entering to global markets" says Maria Lavonen, Vivago's CEO.

### **Transforming digital health into smart care**

Full digitalization of health status follow-up opens a revolutionary path to change the delivery of care from reactive to predictive, and to tailor fully patient centric outcome driven care. Coming years, we will experience a complete paradigm shift, in the area of patient care. Caregivers will know your life-threatening condition, before you even feel to be ill. Accurate, predictive real-time health information will change all care processes and decrease drastically healthcare costs. Smart care will free care givers' resources to have more time with their patients and to help with specific care issues. "We are highly excited to see transformation in digital health. We experience every day new success stories, when our customers start using real-time health monitoring in their daily care," Maria Lavonen says.

### **New Vivago MOVE™ solution supports decisions in healthcare**

Vivago is already helping tens of thousands of people, but the rapid technological development is opening even more opportunities. "For example, Vivago has the opportunity to apply artificial intelligence to bring new ground-breaking possibilities to healthcare in the near future," Maria Lavonen says.

Vivago MOVE™ measures watch user's activity, sleep and circadian rhythm. Solution provides health status information to medical professionals and multi-professional teams to help the medical decision making for patient centric rehabilitation and treatment. "This is particularly important as our population ages and it becomes necessary to find better ways to care. Health issues like diabetes, sleeping disorders and stress as well as many chronic illnesses increase problems both globally and individually" Maria Lavonen continues.

Additionally, Vivago MOVE™ provides safety at home and outdoors consisting of Vivago MOVE watch and mobile application. Solution calls help automatically if the person is not moving and unable to make the alarm. Automatic alarms, real-time health monitoring and mobile

functionalities are unparalleled in the market and will provide the needed tool for the elderly to feel safe. Care providers and relatives can follow up watch user's wellbeing in real-time which supports proactive and timely care.

Vivago MOVE™ keeps you rolling!

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**Vivago®** develops smart safety and solutions for preventive care. The innovative solutions cover the whole care chain from home care to assisted living, care homes, hospitals and rehabilitation. Vivago's solutions increase the feeling of safety with automatic alarms and by providing wide range of health status information to support daily care and to follow-up the effectiveness of medical care. Real-time notifications inform about changes in the person's health status and it enables care providers to react proactively and focus on individual care.

As a pioneer in healthcare technology, Vivago already ensures safety for tens of thousands of individuals in Europe. Vivago's unique solutions are patented and have been awarded with several international recognitions. Vivago solutions are based on its own health status and safety algorithms, that are clinically validated and proven to increase the efficiency and quality of care in daily practice. The high-quality products are manufactured in Finland.

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